

Take precautions in good time

The sooner you start taking care of your health, the sooner it will stay with you.

How much is your health worth to you?

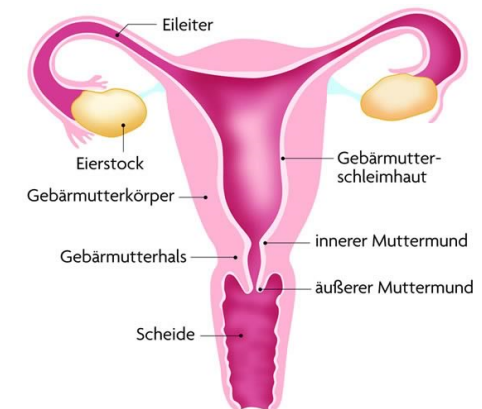
For the good feeling



„I did everything for my health !“

Is early detection of ovarian cancer possible?

Information for our patients



Zeit für gute Vorsorge ...



Dr. med. Bodo Grahlke

Facharzt Gynäkologie und
Geburtshilfe FMH

**GYNMED - Kompetenz in
Frauenheilkunde**

in Zürich bei der Seilbahn Rigiblick
in Adliswil
in Rüti in der Praxis am Bahnhof

**Early detection of ovarian
cancer**

Zeit für gute Vorsorge ...



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Is early detection of ovarian cancer possible?

Ovarian cancer affects around 600 women in Switzerland every year, which is around 3% of all cancers in women.

Ovarian cancer is therefore rare, but very malignant.

- Unlike breast cancer or colorectal cancer, there are no special preventive examinations for ovarian cancer.
- During the annual inspection, a palpation examination is carried out.
- If the ovarian carcinoma can be felt, however, the disease is usually no longer in an early stage.
- Ultrasound examinations alone did not lead to any improvement in the early detection rate and no reduction in mortality.
- **However, there are indications that early detection could be possible in combination with the tumor marker CA 125 and HE4.**

However, the detection of tumor markers does not mean that a tumor is actually present - further investigations are required.

Is early detection of ovarian cancer possible?

Primary prevention, i.e. real precaution, means here:

- ensure harmonious menstrual bleeding
- rare menstrual periods (pregnancies, breastfeeding)
- proven to be the contraceptive pill
- possibly long-cycle contraception (taking the pill without breaks)

Is early detection of ovarian cancer possible?

And the costs?

CHF 71,- Non-compulsory services can be settled via supplementary insurance